

Walker Baptist Medical Center Community Health Needs Assessment Implementation Strategy Update

Health Priority	Goals, Objectives, Strategies, and Partnerships	Activities / Performance / Outcomes
<p>Cardiovascular Disease</p>	<p>To support activities aimed at increasing education, awareness, and the reduction of cardiovascular disease and related health conditions</p> <p><u>Partnerships:</u> Brookwood Baptist Health Be Well Program RSVP Senior Program Health Action Partners Baptist Health Clinics American Heart Association</p>	<ul style="list-style-type: none"> • Conduct cardiovascular screenings at community events and provide educational material on cardiovascular disease and risk factors associated with cardiovascular disease • Support the Brookwood Baptist Health Be Well program initiatives aimed at identifying and reducing potential cardiovascular disease risk factors including <ul style="list-style-type: none"> - Blood pressure screenings, cholesterol checks and healthy eating/nutritional education • Partner with the RSVP Senior’s program to provide community education sessions specific cardiovascular health in older adults (65+ yrs old) • Health Coaches available through Baptist Health Clinics • Walker County Heart Walk held annually to bring awareness
<p>Cancer</p>	<p>To support activities to raise cancer awareness and early detection</p> <p><u>Partnerships:</u> Simon Williamson Clinic Brookwood Baptist Health Brookwood Baptist Health Be Well Health Action Partners American Cancer Society</p>	<ul style="list-style-type: none"> • Collaborate with Brookwood Baptist Health Be Well program regarding raising awareness in workforce settings • Collaborate with the Health Action Partners to support community awareness regarding early cancer detection • Continue to provide access to health care services with Mammo-Monday with Walker Breast Center in October • Conduct Men’s Health event to include PSA screenings and educational consultations • American Cancer Society hosts Relay for Life annually in Walker County raising awareness

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Diabetes	<p>To support activities aimed at increasing education, awareness, and the reduction of diabetes prevalence in community</p> <p><u>Partnerships:</u> Brookwood Baptist Health Be Well Program RSVP Senior program Health Action Partners Baptist Health Clinics</p>	<ul style="list-style-type: none"> • Provide educational material at community events on diabetes and risk factors associated • Promote diabetes self-management educational courses through Brookwood Baptist Health • Partner with the RSVP Senior’s program to provide community education sessions specific to diabetic health in older adults (65+ yrs old) • Health Coaches available through Baptist Health Clinics • Support the Brookwood Baptist Health Be Well program initiatives aimed at identifying and reducing diabetes prevalence
Obesity	<p>To improve and support community activities aimed at identifying early risk factors related to obesity and providing education on the importance of healthy living through increased physical activity and proper nutritional health</p> <p><u>Partnerships:</u> Brookwood Baptist Health Be Well Program Health Action Partners RSVP Senior Group</p>	<ul style="list-style-type: none"> • Support the Brookwood Baptist Health Be Well Program initiatives aimed at reducing the risk factors associated with obesity • Provide educational material at community health screenings on the importance of reducing obesity and making healthy lifestyle choices • Participation in Healthy People Priority Group initiatives led by Health Action Partners • Nutrition educational session conducted with RSVP Senior Group • Promote nutrition and healthy lifestyle at Men’s Health event

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Mental Health	<p>To support mental health awareness and treatment options and how to seek help</p> <p><u>Partnerships:</u> Northwest Mental Health Center Brookwood Baptist Health Be Well Program RSVP Senior Program</p>	<ul style="list-style-type: none"> • Raise awareness of common geri-psychiatric concerns and access to care • Feature Ask the Doctor section in local paper addressing common questions and how to seek help • Collaborate with Be Well team to promote awareness and how to access care through workforce program
Substance Abuse	<p>To support community activities raising awareness of the impact and prevalence of substance abuse and how to seek care</p> <p><u>Partnership</u> Bradford Health Services</p>	<ul style="list-style-type: none"> • Participate in educational sessions with school students regarding impact of substance abuse • Continue to promote and educate community regarding access point of Detox program offered in partnership with Bradford Health Services